

## Model Programs List

### Across Ages

Al's Pals: Kids Making Healthy Choices  
All Stars™  
ATLAS (Athletes Training and Learning to Avoid Steroids)  
BASICS: Brief Alcohol Screening and Intervention for College Students  
Border Binge-Drinking Reduction Program  
Brief Strategic Family Therapy (BSFT)  
Challenging College Alcohol Abuse  
Child Development Project (CDP)  
Children in the Middle  
Class Action  
Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)  
Communities Mobilizing for Change on Alcohol (CMCA)  
Community Trials Intervention to Reduce High-Risk Drinking (RHRD)  
Coping with Work and Family Stress  
Creating Lasting Family Connections (CLFC)  
DARE To Be You (DTBY)  
Early Risers: Skills for Success  
Families And Schools Together (FAST)  
Families That Care: Guiding Good Choices (GGC)  
Family Effectiveness Training (FET)  
Family Matters  
Healthy Workplace  
High/Scope Perry Preschool Program  
Incredible Years  
JOBS Program  
Keep A Clear Mind (KACM)  
keepin' It REAL  
Leadership and Resiliency Program (LRP)  
LifeSkills Training (LST)  
Lions-Quest Skills for Adolescence  
Multidimensional Family Therapy  
Multisystemic Therapy (MST)  
Not On Tobacco  
Nurse-Family Partnership Program  
Olweus Bullying Prevention  
Parenting Wisely  
PATHS: Promoting Alternative THinking Strategies  
Positive Action (PA)  
Project ACHIEVE  
Project ALERT  
Project EX  
Project Northland  
Project SUCCESS  
Project Toward No Drug Abuse (TND)  
Project Towards No Tobacco Use (TNT)  
Project Venture  
Prolonged Exposure Therapy for

### Posttraumatic Stress

Protecting You/Protecting Me®  
Reconnecting Youth (RY)  
Residential Student Assistance Program (RSAP)  
Responding in Peaceful and Positive Ways-RiPP  
SAFE Children: Schools and Families Educating Children  
Safe Dates  
Second Step  
SMART Team: Students Managing Anger and Resolution Together Team  
Start Taking Alcohol Risks Seriously (STARS) for Families  
Strengthening Families Program (SFP)  
Strengthening Families Program: For Parents and Youth 10-14  
Teaching Students to be Peacemakers  
Team Awareness (for the Workplace)  
Too Good For Drugs (TGFD)  
Too Good for Violence  
Trauma Focused Cognitive Behavior Therapy (TF-CBT)  
Wellness Outreach At Work